

SUN CARE POLICY

The out of school club is committed to ensuring that all children are fully protected from the Dangers of too much sun. Severe sunburn in childhood can lead to the development of Skin cancers in later life.

We follow these guidelines to protect the children in our care:

- Children must have a clearly named sun hat which will be worn at all times whilst Outside in the sunny weather.
- Children must have their own sun block clearly labelled with their name with prior

Written permission to apply sun cream should be given to The Parachute Club, if a child needs sun cream staff will apply unless notified.

- Children need light weight clothing suitable for the sun, with long sleeves and Legs if prone to sunburn.
- The children will not be out in the sun for long periods of time
- Children will always have sun cream applied before going outside in the sun and at frequent intervals during the day.
- Children are offered cooled water more frequently throughout sunny or warm days.
- The older children are made aware of the need for sunhats, sun cream and the need to drink more fluids during their time in the sun.
- Staff will make day to day decisions about the length of time spent outside, dependant on the strength of the sun.
- Children will be encouraged to seek the shade to be able to cool down or escape the sun should they wish or need to.

Reviewed and updated Jan 2013-05/05/2015, 01/08/2018